

Meet the Team



Contributor, Letter to My Younger Self (p57)
Erica Matthews

'When it comes to money, never put all of your eggs in one basket. The best advice I got was to create several streams of income especially when you've decided to become a fashion stylist or work freelance in general. Most millionaires have several streams of income, that way you constantly have money coming in from different avenues.'



Entertainment and Features Editor
Nicole Vassell

'The best personal finance lesson I've learned is that if I have it, I'll spend it – so I'm always spreading my money into different account pockets, and hiding them away so that I eventually forget they exist. When I need it, I suddenly remember I've got a little something stashed away – so handy for emergencies (like coming across a shoe sale...)!'

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Contributor, Mental Health Truths (p34)
Bella Rareworld

'Stop buying coffee/tea on the run! Instead, get organised and buy a reusable coffee cup and make your own at home. Then, use the price of the drink you'd usually buy and set up an automatic savings standing order to another bank or account, where you don't see the balance growing. Easy savings!'



Entertainment and Features Writer
Emmanuella Ngimbi

'The best money advice I've gotten was from my mum, telling me to save each month no matter the sum. It definitely taught me how to handle money better – especially while I was at university, where you can go from rich to very broke real quick!'



Design & Production
Heather Reeves

'The best tip I've ever received is only loan money that you're happy to never see again. Otherwise, it's likely resentment may build if that money takes a while to be repaid. For it not to impact your relationship with that person, be prepared and willing for it never to come back.'